

Before the treatment:

The skin should not be burnt, nor in recovery or regeneration process. The following treatments are not recommended 30 days before the treatment:

- Botox and fillers on the forehead area
- Fruit or lactic acids OR use of Vitamin A/Retinol products on the forehead area
- Laser treatments on the forehead area
- Chemical peel all over the face
- Exposure to strong sunlight or tanning ( Pigment won't heal nicely on sunburned skin)
- Tweezing, waxing, shaving, threading or tinting brows two weeks before the procedure.
- If the Client needs lashes enhancement, please do so prior or 14 days after your treatment.
- No Coffee or Alcohol or food and drinks contain caffeine 24 hours prior to the treatment. this will thin your blood and increase the chance of bleeding during the treatment. bleeding can cause lack of pigment retention and poor result. Please avoid taking any types of pain killers before the appointment as well.
- Wash your hair & scalp the night before the treatment (not the day of) and make sure you don't apply any oil on your hair. Scalp and hair must be clean and free of oils or hair products. you won't be able to take a direct shower immediately after the treatment. taking a bath is okay. we recommend you to book a professional hair wash & styling appointment and get your hair done at a hair salon for the first few days to avoid getting your freshly done brows wet.
- No workout or gym before the treatment and for seven days after. Excess sweating will cause the pigment to fall off & scabs premature and affect the final result of your brow transformation.
- You can come to an appointment with full makeup or without. Please have this in mind your pictures will be taken or we may record a video. You can inform the technician if you prefer not to share a picture of your full face.

Usually, the inserted pigment is very dark during the first 5 to 7 days then strokes or pigment lose up to 40% of their intensity. If you think that pigment is too dark, do not try to fade or remove it by yourself. Be patient and wait for 7-10 days until it fades away naturally.

PLEASE Trust the process and if there is an important event coming up make sure to consider this healing process cause you cant speed it up or rush the healing process. you just have to let your body heal on its own way.

On average It takes about 7-12 days for brows to heal. In that time any redness will fade and all dead skin and dark build-up pigments and scabbing will be gone gradually and the initial darkness of the eyebrows will begin to lighten. The colour will lighten over about 21 days as it completely sets in.

Your eyebrows will go through several phases during the healing cycle.

Days 1-4:

The pigment will appear very sharp and dark. This is because the pigment oxidizes with the oxygen in the air and simply gets darker, no matter how light was the initial pigment, this process is unavoidable. The colour of the pigment will soften gradually. Do not be alarmed if you see some pigment on the cotton swab when you follow the aftercare as this is excess pigment and/or body fluid that is naturally exiting your skin.

Days 5-7:

Once the healing of the skin starts taking place, it will look like dandruff flakes or dry skin. This might give you the impression that the pigment is fading too quickly, however, this is just superficial colour and dry skin being naturally removed from your eyebrows.

Days 8-12:

Your brows may look as though the pigment has completely faded – do not panic – take a deep breath and trust the process ;)

Days 14-28:

Your brows may still look a little patchy or uneven, but the pigment will start to “reappear” as the pigment settles and the healing continues. You may get your touch-up/ perfecting procedure done to allow for complete healing of the brows. Touch up must be booked 4-10 week after the initial session. NO SOONER than 4 weeks or Not later than 10 weeks.

What aftercare should I follow?

**DAY 1 (DAY OF TREATMENT)**

30 mins After treatment, gently clean the area with a wipe (you will receive the wipes and the aftercare cream) Repeat this step 5 times today every 1.5 - 2 hrs to avoid build-up of blood/lymph on the area.

**DAY 2**

Gently clean the area with a wipe 3 times today (morning – afternoon – evening) to avoid build-up of blood/lymph on the area.

**DAY 3-5**

Don't do anything to your brow.

**Day 6-10 or until all scabs fall off**

Using a cotton swab, you may apply a very small amount of ointment to brows (very small amount-like half the size of a grain of rice for both brows.) This is just to add a small amount of moisture – brows should not appear greasy, glossy or shiny, if they do, you used too much.

Do not use aggressive movement/ manipulation of the skin- be gentle. Make sure your hands are clean before touching your brows. DO NOT PICK SCABS OFF BROW. They are healing, TRUST THE PROCESS.

How to take care of my newly done brows?

Allowing any water or moisture to touch the brows! No shower stream over brows. Wash face CAREFULLY with a washcloth or cleansing wipes, avoid brow area. if you need to wash your hair, we recommend to visit a hair salon for shampoo & style appointment or using dry shampoo to clean your hair. you can take a bath but please no water directly on your brows for 10 days post-treatment.

AVOIDED FOR 10 DAYS POST PROCEDURE

- Sweating
- Exercising
- Practicing sports
- Swimming
- Hot sauna, hot bath, or Jacuzzi
- Sun tanning or salon tanning
- Any laser or chemical treatments or peelings, and/ or any creams containing Retin-A or Glycolic Acid on the face or neck
- Picking, peeling or scratching of the brow area. You will cause scarring of the area or removal of the pigment if you pick or peel scabs prematurely.
- Performing tasks related to heavy household cleaning such as garage or basement cleaning where there is a lot of airborne debris – now is not the time!
- Touching of the eyebrow area except for when cleaning and applying the post-care with a cotton swab
- Do not use any cleansers or facial products of any kind, over the brow area for at least 10 days.
- Absolutely do not use any ointments, antibiotic creams or gels, or vitamin creams over the brow area – it will draw out the pigment. (you should only use the cream that we provide you on the day of your appointment)

Please NOTE: Itching and flaking may appear during the first seven days post-procedure. However, experience has shown that by following these after-care instructions, these symptoms may quickly disappear. Touch-ups and/or correction of the shape-design is recommended only after 4-10 weeks. Please make sure to book your complimentary touch up ASAP